1 Vision and mission of the Discipline of Psychology (in the School of Applied Human Sciences)

1.1 Vision of the Discipline of Psychology
The vision of the Discipline of Psychology (DP) is to be a standard-setting discipline of excellence in emerging niche areas within socio-psychological scholarship, with a focus on African psychology. The goal is to nurture and deliver excellence and innovation in knowledge production that addresses challenges in the national, regional and international development agenda in relevant ways. This will be achieved through critically informed and reflective teaching, research and community responsiveness.

1.2 Mission of the Discipline of Psychology
The Discipline of Psychology will provide enabling and innovative learning opportunities, scholarship and collaborative community activities in the socio-psychological arena that contribute to the development agenda of the global South. To this end, the DP offers theoretical and applied modules and critically informed research interventions that engage with international developments in the discipline and that are appropriate to the Southern African context. The DP values and upholds its accountability to the broader community, funders, employers as well as the professional and international academic community.

The School of Applied Human Sciences, Discipline of Psychology of the University of KwaZulu-Natal offers comprehensive professional training in Psychology. The Pietermaritzburg campus of the school offers Masters Degrees in Clinical, Counselling and Educational Psychology. The degree is offered over one year, and students then complete an internship (clinical psychology students also need to complete a community service internship) in order to be eligible for registration with the Health Professions Council (HPCSA) as a psychologist. The degree is awarded on completion of all degree requirements, excluding the internship.

The Professional Board of Psychology, (i.e., the Health Professions Council of South Africa oversees the training, registration and practice of Psychology in South Africa. The HPCSA has stipulated that students are required to complete all the requirements for professional training in Psychology in three years. Students will also be required to complete a national examination set by the HPCSA before they can register as psychologists. Students are strongly advised to complete all academic qualifications, including the thesis, before the internship.

Please note: no student is permitted to change the direction of his or her Master’s degree once the programme has begun and until completion of the degree.

NOTE CAREFULLY: This booklet contains a full description of all aspects of the programme and the programme requirements. All students should carefully read and note all sections at the beginning of the year. It will be assumed that all students have been fully informed of, and have understood and accepted, all aspects of the programme requirements. Please retain this book for future reference, as no other copies will be available.

2 Coordination of the Masters Programme
The Professional Masters degree in Clinical Psychology (i.e., Master of Social Sciences [Clinical Psychology]) runs in collaboration with the Master of Social Sciences (Counselling Psychology) and Master of Social Sciences (Educational Psychology) programmes.

Clinical Psychology Coordinator: Ms. Nondumiso Mphambo
Counselling Psychology Coordinator: Dr. Nicholas Munro
Educational Psychology Coordinator: Mrs. Nontobeko Buthelezi
Postgraduate administrator: Ms. Priya Konan
Prof J. Steyn is the Dean and Head of the School of Applied Human Sciences, and the Academic Leader for Pietermaritzburg is Prof. K Durrheim.

3 Staff
The following are the members of the Pmb staff who will be directly involved in the teaching of the masters programme in 2018, as well as their teaching areas and research interests. Contact details are also supplied.

3.1 Academic staff

Mrs. Nontobeko (Nana) Buthelezi – Lecturer (Educational Psychologist) 033 260 5670 buthelezin@ukzn.ac.za
Areas: Educational Psychology.

Dr. Molelekoa Kometsi – Lecturer (Clinical Psychologist) 033 260 5374 kometsi@ukzn.ac.za
Areas: Psychopathology and psychotherapy; Risk-taking behavior among adolescents; Provision of psychological services in non-urban areas.

Dr. Phindile Mayaba – Lecturer (Educational Psychologist): 033 260 53, mayabap@ukzn.ac.za
Areas: Psychological assessment; Child development; Inclusive education; Languages of learning and teaching; Monitoring and evaluation.

Dr. Carol Mitchell – Lecturer (Counselling Psychologist): 033 260 6054 mitchellc@ukzn.ac.za
Areas: Developmental psychology, Community Development, Service Learning, Counselling Research interests: Service-learning, Autistic Spectrum Disorders, Educational issues (incl. teacher development), child development issues, community development.

Ms. Nondumiso Mphambo – (Clinical Psychologist): 033 260 5675 mphambon@ukzn.ac.za
Areas: Psychopathology and Psychotherapy, Forensic Psychology, Rehabilitation of offenders, Community Psychology, absent fathers and the meaning of fatherhood, Pedophilia.

Dr. Nicholas Munro – Lecturer (Counselling Psychologist): 033 260 5371 munron@ukzn.ac.za
Areas: Positive psychology, Careers psychology, Psychological assessment, Learning and academic achievement in higher education.

Prof Augustine Nwoye – Professor and Fulbright Scholar (Counselling and African Psychology): 033 260 5100, nwoye@ukzn.ac.za
Areas: African psychology, African healing traditions and psychotherapies, psychological interventions and psychotherapeutic systems, psychology of celebration, fertility management, skin bleaching, and palliative care in the African context.

Mr. Thabo Sekhesa – Lecturer (Educational Psychologist): 033 260 5370 sekhesa@ukzn.ac.za
Areas: African Psychology, school violence and community violence.

Prof Doug Wassenaar – Professor (Clinical Psychologist): 033 260 5373 wassenaar@ukzn.ac.za
Areas: Psychopathology, suicidology, eating disorders, professional issues & professional ethics, research ethics.

Other members of the School in Pmb or at Howard College (Dbn) may be involved in aspects of the programme, especially thesis supervision. Members of the Midlands hospital staff and Pietermaritzburg professional practice community will also participate in teaching on an occasional basis.

3.2 Administrative staff

Ms. Tembisa Magojo: Administrative officer.
Area: Post graduate: Honours, Masters and PhD.
033 260 5549 konan@ukzn.ac.za Room 5, Psychology Building, PMB Campus
Ms. Priya Konan will assist students with all Masters related matters. These include:
- Registration
- Changes to your curriculum
- Ethical clearance applications.
- Submissions of assignments, proposals and dissertations.
- Appointment of examiners
- All examinations results
- Re-registrations for completing your degree in subsequent years.

**Ms. Amanda Benecke:** School Administrator.
Area: School office matters. Tel: 033 260 5853 benecka@ukzn.ac.za Room 31, Psychology Building, PMB Campus.
- Assistance with access to Psychology facilities

**Mrs. Sharon Cranston:** Assistant Administrative Officer
Area: Undergraduate programme. Tel: 033 260 5369 HattinghS@ukzn.ac.za Room 24, Psychology Building, PMB Campus.

**Mrs. Priya Padayachee:** Financial Administrator
Area: Finances. Tel: 033 260 5439 PadayacheeP@ukzn.ac.za Room 26, Psychology Building, PMB Campus.

**4 Structure of the Professional Masters Degree in Counselling Psychology**

The Discipline of Psychology at UKZN is located in the School of Applied Human Sciences in the College of Humanities and all students will register in this School, regardless of their first degree.

2015 saw the introduction of newly developed changes to the professional masters’ degrees in line with HPCSA guidelines as well as emerging new directions in Professional Applied Psychology. These are summarized below in the list of modules making up the Clinical Psychology programme for 2018.

**Professional Masters Degree in Clinical Psychology**

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psyc 807 PY</td>
<td>Theory and Practice of Counselling Psychology</td>
<td>32 CP</td>
</tr>
<tr>
<td>Psyc 814 PY</td>
<td>Research Methods in Psychology</td>
<td>16 CP</td>
</tr>
<tr>
<td>Psyc 806 PY</td>
<td>Psychological Interventions: African and Global Approaches</td>
<td>16 CP</td>
</tr>
<tr>
<td>Psyc 809 PY</td>
<td>Assessment in Psychological Practice</td>
<td>16 CP</td>
</tr>
<tr>
<td>Psyc 808 PY</td>
<td>Psychology of Personality and Abnormal Behaviour</td>
<td></td>
</tr>
<tr>
<td>Psyc 810 PY</td>
<td>Community Interventions in Professional Psychology</td>
<td>16 CP</td>
</tr>
<tr>
<td>Psyc 800 PY</td>
<td>Short Dissertation: Counselling Psychology</td>
<td>96 CP</td>
</tr>
</tbody>
</table>

Total CP = 208

The Masters modules in the Clinical Psychology Programme are run in parallel, with some of the counselling and educational psychology modules. The primary differentiation between the three clinical, counselling, and educational psychology programmes occurs in the taught specialization theory and practice modules, the practical components of the
programme and in the internship. The scope of practice for each category differs and our programme endorses and promotes these in training and fostering the development of the differing professional identities and roles in society.

We have semesterised the Master’s degree into a number of freestanding modules that together make up the Masters degree. All modules required for this degree are briefly described below together with the methods of assessment for each. Detailed outlines will be provided for each module together with recommended readings when the programme begins.

For modules with final examinations, the satisfactory completion of all tests and assignments is the DP requirement for the final examination. For other modules, specific assignments and oral exams, case presentations etc., serve as exam equivalents. Please note that the specialized theory and practice modules have a subminimum of an average of 50% for the supervisors' ratings of professional practice for the module. Any student who fails to achieve 50% for the component of professional practice will fail the module irrespective of their overall average for the module.

4.1 Communication and Key Documents
We make extensive use of electronic communication in managing the programme. The timetable is communicated electronically (see section 14 below) and important documents, such as schedules for assignment submissions, scheduling of exams, and rosters for case presentations are communicated via shared files on Google drive or learn.ukzn.ac.za (i.e., Learn, the UKZN online learning platform). It is essential that all students have access to Gmail and its associated features, and their UKZN student email accounts to facilitate ease of access to shared documents.

Note that some important communications will only be sent to your UKZN email address - especially communications from Learn. Be sure to regularly check your UKZN email and the private email address you have provided to us.

5 Module Details: CLINICAL PSYCHOLOGY
Note: for the specialization module, take note of the subminimum requirement in the assessment of each module:

Quarterly reports from case supervisors together with feedback from the relevant Professional Training Committee will be used to assess the extent to which students have met the learning outcomes as well as the professional, applied and ethical conduct requirements. Supervisor evaluations require subminimum of 50% overall in order to proceed to internship subject to all other modules having been completed successfully.

As part of the Masters programmes associated with the specialization, assessment and personality and abnormal psychology modules, students are required to do 10-15 hours of supervised practical work per week, in accordance with the regulations of the Professional Board for Psychology of the HPCSA.

SPECIALISATION MODULE:

PSYC 807 PY: Theory and Practice of Clinical Psychology (32cp)
Module coordinator: Ms. N. Mphambo
Module overview and aim:
Theory and Practice of Clinical Psychology is a compulsory 32-credit point module offered within the Masters of Social Science in Clinical Psychology. Aligned with the HPCSA’s specifications for Clinical Psychology, this module adopts the scientist-practitioner model to prepare graduates to work as professional Clinical
Psychologists in hospitals and other diverse clinical settings including community agencies and public institutions serving a wide range of clientele.

The module comprises of theoretical and practice components. The theoretical component introduces a historical and critical account of the field of Clinical Psychology and this articulates with the HPCSA scope of practice for clinical psychologists. The module aims to prepare students for practice informed by theory, ethics and the law. The module draws from different theoretical orientations and practice principles to expose students to current thinking in clinical psychology, highlighting the variety of conceptualizations, changes and developments, practice assumptions, scope of practice and services, and clinical practice challenges in the South African context. In addition, specialist skills and advanced concepts in dealing with major psychiatric diagnoses, including psychopharmacological treatment, will be covered in this module.

The practical component involves supervised professional clinical applied work with adult and child clinical cases, case presentations and workplace experience in a hospital and other clinical settings. Learning outcomes of this module include the ability to assess, diagnose, manage and treat child and adult clients. Specific skills necessary for engaging in clinical practice include conducting a clinical interview, conducting and interpreting psychometric assessments, implementing appropriate, context and culture sensitive interventions and report writing. Students are expected to attend weekly supervision and case presentation sessions as well as present their cases to the case conference.

The clinical programme, in addition to being an academic programme, is also designed to prepare students for professional practice as Clinical Psychologists. The HPCSA requires that all Masters Students in professional psychology to be registered with the Board and to abide by the codes of professional and ethical conduct. In addition, students are required to have supervised practice averaging about 10 hours per week during the Masters year. These requirements are part of the module on Theory and Practice of Clinical Psychology, PSYC807.

Anticipated learning outcomes:

By the end of their M1 year, students are expected to have:

- A critical understanding of the history of clinical psychology and its theoretical foundations
- An advanced understanding of the scope of practice for clinical psychologists
- An advanced ability to conduct an assessment interview and develop diagnostic skills
- An appreciation of contextual and cultural factors linked to diverse populations in South Africa
- Advanced ability to implement clinical therapeutic interventions that are evidence-based
- An understanding of and implementing the use of reflective practice in the clinical setting
- Knowledge of the ethical conduct and ethical dilemmas in clinical practice
- Acquired skills to formulate a case using clinical theory, the biopsychosocial model amongst other models
- Acquired case presentation skills
- Learnt to adopt a non-judgmental, collaborative, culturally-sensitive approach to helping clients

Notional hours: Students are anticipated to spend the following hours on the
module in 2018:
• Seminars/lectures (e.g., attending contact sessions with a facilitator): 40 hours
2. Practicum (including supervision and peer supervision): 170 hours
3. Self-study (e.g., reading in preparation for seminars, lectures and practicum): 76 hours
4. Assignments/projects: 30 hours
5. Assessment/examination: 4 hours

Module assessment: The achievement of the learning outcomes will be assessed in five ways:
1. Therapeutic case study 30%
2. Ethics assignment 10%
3. Case presentations – 2 x 7.5%
4. Oral examination (November) 30%
5. Supervisors’ evaluations and feedback 15% (5% per trimester)

Note:
Supervisors’ evaluations and feedback (i.e., 5 above) require subminimum of 50% overall in order to proceed to internshp, subject to all other modules having been completed successfully. Please note that your therapeutic case study is equivalent to your oral examination (30%), the implication is that you need to take it seriously and plan for it throughout your placement cases. It is important to inform your supervisor if you are struggling with long term cases as failure to do that will result in you not able to write up your case study at the end of the year.

PSY 806 PY: Psychological Interventions: African and Global (16cp)
Module coordinator: Prof Augustine Nwoye

Module overview and aim:
Psychological Interventions: African and Global is a core and compulsory 16-credit point module offered within the Masters of Social Science in Clinical/Counselling/Educational Psychology.

Aligned to the HPCSA’s specifications for approved professional training in psychology, this module adopts the scientist-practitioner model to prepare graduates to work in their respective areas of specialisation as professional psychologists, in community agencies and public institutions serving a diverse range of client populations. To be so equipped, trainees are urged to develop an appreciative and open-minded attitude that would dispose them to learn and draw from all psychological healing systems and methods of intervention (African and Global) that have something of value to offer regarding how psychological problems arise in human beings and what can be done to resolve them. Consequently, this module aims to offer a critical overview of the major points of view in the field of psychological and allied therapies (encompassing aspects of African healing traditions, the psychoanalytic/psychodynamic, the humanistic-existential, the cognitive-behavioural, the learning theory tradition, the family/systems, the crisis/traumatic, and the narrative and the postmodern or the collaborative approaches). Hence, the module is designed to approach the varied and at times even contradictory seeming multiple visions in the field of psychological interventions (African and Global) from an ecumenical vantage point. Essentially, the goal is to make each student understand, in some ways, each of the major intervention approaches more deeply than most of their proponents do. Pragmatically, the module is organised with a view to preparing graduates to be both consumers and producers of psychotherapeutic theory and research.

In terms of structure and content, the module comprises both a theoretical and a practical component. The theoretical component aims to engage and present each of the major therapeutic/intervention systems to the students, with the goal of assisting them to understand and appreciate what each therapy model or intervention approach stands for, and the kinds of human psychological problems for which they are suitable. The overall aim of the module is to develop students’ critical understanding of the way the key approaches to psychotherapy have evolved, to evaluate their often unstated assumptions, and the extent
of their grounding in clinical observation and systematic research, as well as their commonalities and differences. In addition, an important aim of the module is to place each approach within its social and cultural context, and to examine ways in which the various theories and therapeutic approaches appear to reflect unexamined cultural assumptions and how they must be refashioned in approaching clients of diverse ethnic, cultural, and socio-economic backgrounds such as we have in Africa.

The practical component involves work in a community agency or public institution or setting (requiring consultation and establishment of therapeutic relationships with adults and children with psychological, psycho-cultural, development and neuropsychological conditions), case presentations, and weekly supervision from a registered psychologist.

**Anticipated learning outcomes:**
By the end of the module, students should be able to:

- Command a firm hold on the philosophical and clinical assumptions, principles and techniques of each psychological healing tradition (African and Global).
- Recognise when each intervention approach could be drawn upon to further a given client’s case and enhance one’s practice.
- Discover that most forms of psychotherapy and intervention approaches (African and Global) are not merely symptom-driven, but person-centered; with each aiming to arrest people’s psychological distress and sources of unhappiness, and enhance their overall well-being.
- Notice that for some psychological therapies ‘it is not specific techniques or skills, but the quality of the therapeutic relationship and certain collaborative attitudes’ towards the client that often make healing possible.
- Compare, contrast, and highlight some common non-specific factors of psychological healing across the various interventions schools.
- Evaluate each intervention model and their often-unstated assumptions, and the extent of their grounding in clinical observation and systematic research.
- Place each theoretical approach or intervention model within its social and cultural contexts.
- Examine ways in which the various theories and therapeutic approaches reflect unexamined cultural assumptions that need to be refashioned in approaching clients of diverse ethnic, cultural, and socio-economic backgrounds such as we have in South Africa.
- Recognise and adapt to the challenges of psychological practice in South Africa.
- Discover the importance of adoption of multiplicity of vision in successful therapeutic work.
- Establish and implement not just a cognitive but also effective feeling based therapy with clients.
- Explain the key constituents of the therapeutic interview as seen by some intervention theorists and the notion of psychological intervention system as a collaborative system, constituted of individuals who engage in intersubjective or interhuman relationship where dialogue occurs in ‘the-between’, and where the result is ‘healing through meeting’.
- Conduct a full diagnosis focusing on developmental life challenges and adjustment disorders of clients.
- Explain the contextual and cultural factors linked to diverse populations in South Africa.
- Implement evidence-based basic psychotherapeutic intervention procedures.
- Formulate a psychological case using appropriate psychological theory and/or multi-theoretical frameworks.
- Present some clinical case examples.
- Adopt a non-judgemental, collaborative approach to helping clients.

**Module assessment:** The achievement of the learning outcomes will be assessed in:

1. Course work/assignment (20%)
2. June - Intervention Methods Oral Examination (30%)
3. Final Written Examination (50%).

**PSYC 808 PY: Psychology of Personality and Abnormal Behaviour (16cp)**
**Module coordinator:** Dr Molelekoa Kometsi

**Module overview and aim:**
This module equips the learner with advanced theoretical knowledge in adult psychopathology, child psychopathology, personality and neuropsychology. It aims for students to gain a comprehensive and complex knowledge of the field and a critical awareness of conceptual issues and current research in the field.

The module focuses on the aetiology and diagnosis of specific disorders, particular theories and evidence related to these disorders, and issues pertaining to treatment. Personality and abnormal behaviour is approached using a biopsychosocial model with particular emphasis on the South African context. The module is lecture and seminar-based. Students are expected to compile a literature review of one area in the field based on a critical evaluation of current research evidence. The module will also have an applied dimension that involves: (1) learning how to apply diagnostic skills and identify particular disorders, (2) learning how to communicate relevant information about psychopathology in the public sphere.

**Anticipated learning outcomes:**
- **Knowledge**
  1. To understand and critique standard diagnostic procedures
  2. To understand and critique current debates in the field of personality theory and abnormal behaviour
  3. To acquire advanced relevant knowledge about aetiology, diagnosis, theories and treatment approaches associated with major diagnostic categories
  4. To understand and critically analyze current evidence pertaining to diagnosis and intervention approaches associated with particular diagnoses
  5. Acquire advanced knowledge about the importance of context and culture in the field of personality theory and abnormal behaviour
- **Skills**
  1. To develop an understanding of advanced skills associated with diagnosis
  2. To diagnose adult and child psychopathology using the current diagnostic systems
- **Values**
  1. To critically engage and debate the ethical issues relates to diagnosis and the use of the scientist-practitioner model.
  2. To appreciate the importance of cultural sensitivity

**Module assessment:**
1. Assignment (30%)
2. Seminar presentation (10%)
3. Poster presentation (10%)
4. Written exam (50%)

**PSYC 809 PY: Assessment in Psychological Practice (16cp)**
**Module coordinator:** Dr Phindile Mayaba

**Module overview and aim:**
Assessment in Psychological Practice is a compulsory 16 credit point module offered within the Masters of Social Science in Clinical Psychology, Masters of Social Science in Counselling Psychology, and Masters of Social Science in Educational Psychology (i.e., the CCE programme). The module focuses on the development of advanced theoretical and practical skills in the administration, scoring, interpretation, and communication of psychological tests used in clinical, counselling, and educational psychology. Students will also gain a comprehensive, complex, and critical awareness of the conceptual and epistemological bases of the tools of their discipline, their assumptions, the manner in which
such tools are developed and the implications for their use in a wide variety of settings. Ethical issues pertaining to psychological assessment in a dynamic and multi-cultural context are also emphasised.

Under the broad domains of adult and child cognitive and personality assessment, theories and practices pertaining to the following types of assessments are covered: intellectual assessments, projective assessments, personality assessments, and neuropsychological assessments.

**Anticipated learning outcomes:**
By the end of the module, students are expected to be able to:

- engage critically with the conceptual, epistemological, and theoretical assumptions underpinning a variety of psychological assessments
- select and administer an appropriate psychological assessment battery as determined by the needs of the client and/or referral agent
- interpret the results and findings from a variety of psychological assessments
- communicate the results and findings from a variety of psychological assessments in written and oral forms, in a professionally appropriate and ethically and culturally sensitive manner.

**Module assessment:**
1. **Formative assessment**
   a. Neuropsychological assessment practical – responding to specific questions in relation to a neuropsychological assessment case (10%).
   b. Administration, scoring, and interpretation of a comprehensive assessment battery on a volunteer undergraduate psychology student (involves compiling two reports; one for the assignment, and one for the client) (20%).
   c. Administration, scoring, and interpretation of a comprehensive assessment battery on a child case (involves compiling two reports; one for the assignment, and one for the client (20%).

2. **Summative assessment**
   a. An evaluation of a standardized psychological assessment tool (50%)

**PSYC 810 PY Community Interventions in Professional Psychology (16cp)**
**Module coordinator: Dr Carol Mitchell**
**Module overview and aim:**
This 16cp module is offered on the CCE programme and the Research Masters Programme. The module introduces students to the theory and practice of community interventions. The module comprises a theoretical and a practical component. The theoretical component covers the basic tenets of community psychology and working in culturally diverse communities. The practical component requires that students engage in a project within the community. The specific learning outcomes of this module include the ability to conduct a situational analysis, and to develop, implement and evaluate intervention programmes in consultation with community members. Specific skills necessary for working in community settings, such as consultation and training skills are also important learning outcomes.

**Anticipated learning outcomes:**
Through participating in this module, students are expected to achieve:

- An understanding of community psychology in the context of the broader discipline of psychology
- An appreciation of the core values that underpin community psychology
- An understanding of the potential role of the psychologist in communities
- An understanding of the different methods of intervention in community psychology
- A more critical understanding of the concept of empowerment
- A deeper understanding of working in diverse communities
• Skills in the development of a community based intervention
• A critical understanding of ethical issues in community psychology

**Module assessment:**
1. Assignment: 20%
2. Project report: 80%

**PSYC 814 PY: Research Methods in Psychology (16cp)**

**Module coordinator:** Prof D R Wassenaar assisted by Ms A Wilkinson

**Module overview and aim:**
The aim of this compulsory module is for students to enhance their experience of research through exposure to the epistemological foundations of research, and the analysis and interpretation of data using qualitative and quantitative methods. This module contributes to the basic theoretical and practical foundation for conducting research as well as an understanding of good research practice for interventions sensitive to cultural and contextual factors.

This module is intended to help you successfully complete your Masters Research proposal to submit for ethical clearance, and to assist you to progress with your Masters thesis.

**Module Assessment:**  
Cumulative Assessment (50%)
- First proposal draft (15%)
- Literature review: outline of argument and motivation in terms of research questions (15%)
- Preliminary reference list (5%)
- Summary of research design and methodology (10%)
- Presentation of research progress (5%)

Exam equivalent (50%)
- Mark for final proposal

**PSYC 8CO Short Dissertation: Clinical Psychology (96cp)**

**Module coordinator:** Dr Mary Van Der Riet and designated dissertation supervisor

**Module overview and aim:**
The aim of this module is to equip students to conduct independent and relevant research and to ensure that students are capable of critically evaluating research in the field of Psychology. Students will be required to write an independent dissertation of approximately 20,000 – 30,000 words on a topic related to Psychology that is approved by the discipline. During this process, students will be required to: (a) write and present an appropriate research proposal, (b) research and write a literature review relevant to their selected research topic, (c) collect data relevant to their research question, (d) analyse the data, and (e) write up and discuss their research findings in a coherent and logical manner.

**Module Assessment:**
The final dissertation will be marked by two examiners appointed by the College, at least one of whom is required to be external to the University. The average mark provided by these two examiners will comprise 100% of the mark for the module.

**Dissertation requirements**
Students are required to present a dissertation, or mini-thesis as an integral part of the Masters programme. This component 96cp together with the research methods module (16cp) is weighted at over 50% (53.8%) of the degree (total cp = 208). Students are required to conduct research on a select area of interest, and present it in accordance with UKZN regulations for Masters theses. Students are well advised to participate in a research project of a staff member.

Written approval must be obtained from the School’s Higher Degrees Committee and from
the Humanities Research Ethics Committee (see http://research.ukzn.ac.za/Research-Ethics/Human-Social-Science-Ethics.aspx) or the Biomedical Research Ethics Committee (BREC, see http://research.ukzn.ac.za/Research-Ethics/Biomedical-Research-Ethics.aspx) before collecting research data. All research must comply with the University’s current Research Ethics Policy (V) on ethics and research integrity.

The final work should be approximately 80 pages (20,000 words) long, excluding the bibliography.

The thesis must be fully completed, including examined, by the end of Master’s year, in order to commence an internship in 2018. HPCSA regulations stipulate that all requirements for qualification as a psychologist must be completed in three years.

The School will appoint supervisors after the presentation of the formal thesis proposal (see dates of submission). Students will be required to present regular reports on theses on pre-arranged dates.

Students are advised to consult the School’s Style Manual for Theses and Dissertations (on the School’s website, see: http://psychology.ukzn.ac.za/Libraries/publications/Style_guide_2002b_1.sflb.ashx as well as the Publication Manual of the APA (6th Ed). It is required that students learn a word-processing system package for writing of theses, and PowerPoint for case presentations, seminars and other presentations.

Students will be required to present reports on their research at regular intervals. Please see the detailed handout on the research process, deadlines and guidelines.

6 Internships
The internship will be completed in the year following successful completion of all components of the Masters coursework. The regulations of the Professional Board for Psychology of the HPCSA require that interns have a supervising university during the internship year. It is strongly recommended that students from UKZN elect to have this university as the supervising university. In this case, students will be required to register with the University under a special internship code. (See Professional Board Website http://www.hpcsa.co.za/PBPsycho for details of all professional training and practice)

Students must apply for internships during the course of this academic year. It is advisable for students to apply to a number of internships sites. The sole responsibility for applying for and obtaining an internship rests with each student, not with the university.

The Professional Board for Psychology of the HPCSA requires that all students in professional psychology complete a 12-month internship at an approved site in order to qualify. There are two types of internships: those at accredited sites and those based on individually approved internships. If an internship is completed at a site accredited by the HPCSA, the intern has no other responsibility except to do 12 months at the site (or 2 x 6 months at different sites). The Midlands Hospital Complex is accredited for 12 months for clinical internships. The UKZN Child and Family Centre is accredited for 6 months for clinical and counselling psychology internships, and one year for educational interns.

It is also possible to design individual “package” internships at different sites, with a variety of placements. However, the School and the HPCSA must formally approve these well in advance. Such internships must be at each site for at least four months. In order to apply to the HPCSA for an individual internship, the following documents are necessary: detailed internship programme based on HPCSA guidelines; letter of agreement for all internship sites;
letter of agreement for all supervisors; letter of agreement from UKZN. Approval for such internships must be applied for by July of the year preceding the year of the intended internship.

The various Professional Training Committees oversee internships completed through UKZN (Pmb). Masters students and interns should elect representatives from each of the Masters streams onto these committees. These committees are accountable to the HPCSA for the training of psychology interns, and are required to receive and review reports on each intern quarterly.

**Quarterly reports.** These reports are required by the HPCSA for all interns. If interns are doing internships outside of Pmb, the onus is on the intern to ensure that reports are received by each quarterly meeting. If progress reports are not received, the university cannot sign internship certificates on the completion of the internship.

**PLEASE NOTE.** Interns are required to register with the university during the internship year. Please consult the appendix for details of courses for which to register.

### 7 Generic Outcomes of the Professional Programme

The following are the intended outcomes of the Masters Programme:

- ability to think in a psychologically informed way about a variety of issues affecting human experience and behaviour
- ability to theorize about psychological intervention with individuals, groups, systems and communities
- ability to establish an effective working relationship with individuals, groups, systems and communities
- ability to assess and perform psychological interventions with individuals, groups, systems and communities
- ability to practice psychology in an ethical and professional manner
- ability to understand, interpret and design psychological research
- ability to communicate verbally and in writing about psychological interventions and research
- ability to understand the impact of culture on human experience and behaviour, and to implement psychological interventions in a culturally sensitive manner
- ability to train and supervise other people in basic psychological and behavioural skills

### 8 Regulations and requirements

The following regulations and requirements for Masters students should be carefully noted:

1. All relevant regulations of the University of KwaZulu-Natal, for Masters Degrees, will apply.
2. Students must be registered with the Professional Board of the HPCSA before commencing the programme.
3. Students must accept that they will be regarded as professional psychologists from the Masters year. All ethical and legal codes for psychologists apply to Masters students. No deviations will be tolerated.
4. Students are required to abide by standards of professional conduct. Special attention is drawn to the matter of dress and grooming. Students are required to dress in a manner appropriate to the settings in which they work. If in doubt about standards of dress and behaviour, ask for advice or err on the conservative side. Any student who fails to comply with these requirements runs the risk of suspension from all clinical work.
5. No form of casework may be undertaken without **explicit prior arrangements for supervision.**
6. Attendance at all aspects of the course is compulsory unless prior arrangements have been made with members of staff.
7. No student may book consultations with clients during class times. Students are expected
to attend all classes for their full duration.

8. As this programme is a post-graduate professional training programme, all students are required to actively participate in all aspects of the programme, including classes.

8.1 Professional ethics
Students and interns are bound to adhere to the current ethical code of the Professional Board for Psychology, which is available from the HPCSA website http://www.hpcsa.co.za/Uploads/editor/UserFiles/downloads/conduct_ethics/rules/generic_ethical_rules/ethical_rules_annexure_12.pdf and http://www.hpcsa.co.za/Conduct/Ethics


9 Course requirements: Clinical Psychology Masters programme
In addition to the Duly Performed (DP) requirements spelled out for each module, the following are the requirements for completion of the first year of the Masters programme, and for proceeding to the internship. Failure to fulfill these requirements will lead to students not being allowed to proceed to the internship.

1. Attendance of all course work sessions during the academic year, unless prior permission is granted to be absent.
2. Satisfactory completion of all practical work requirements as laid down by the HPCSA and the School.
3. Competence in the administration and interpretation of each test taught in the diagnostic skills sessions by administering the test under supervision the required number of times.
4. At least one full psychological assessment to be submitted each quarter, by the last Friday of each quarter, with a minimum of one assessment in four of the following areas by the end of the programme: psychiatric assessment, neuropsychological assessment, child assessment, personality assessment, career assessment, psycho-educational assessment.
5. Satisfactory completion of all course work papers, tests and orals.
6. Satisfactory completion of all course work assignments.
7. Up to date case records, including supervision file.
8. All reports (including termination reports) to be completed, filed, and distributed as appropriate before the commencement of exams.
9. Attain subminimum of 50% for applied work supervised component in the specialization modules.

10 University facilities and opportunities
10.1 School facilities
Offices: a general shared Masters common room with desks and cupboards will be made available to Masters students. This is a secure, access-controlled venue. Additional rooms in the School and in the Child and Family Centre will be available for consultations on a strict bookings basis. Meeting rooms are also available for group work on a bookings basis, shared with all Masters students. It is possible to loan keys to enter the building after hours, on deposit of R50. Students are reminded of strict security arrangements at the University that include alarm systems in certain demarcated areas.

Teaching staff: staff teaching on the post-graduate programme will generally be available to students by appointment only.
**Notice Board:** Masters students should regularly consult the notice board and check emails.

**Post:** Post is delivered to and from the school twice daily. Please check Masters' pigeonhole regularly for post and school messages.

**School telephones:** Calls related to practical work in the CFC may be made with the assistance of the CFC administrator. Students are expected to make their own arrangements for other calls connected with practical work. Administrative staff will only take messages of a very urgent nature.

**Tea:** A kitchen for post-graduate students is supplied in the downstairs corridor

**Computers:** We have a well-resourced dedicated study and computer space, which is available to all registered Honours, Masters and PhD students. Only students in the School of Applied Human Sciences may have access and are permitted to use this LAN. Students are strongly encouraged to invest in a laptop computer with wireless functionality. The machines have LAN connections and all students must sign up at ITC to gain access to E-mail and the Internet. The Psychology building has wireless connectivity. Students must be registered with UKZN ICS before using UKZN computers. All Masters students are required to be computer literate and should if necessary attend some of the basic computing courses offered by ICT. The outside atrium adjacent to the LAN, the Psych Lab and the teaching rooms is also available to Post Graduate students in our school, is a good place to work, and offers round table seating for students and wireless is accessible in this area. Please make use of this space; "library" quiet rules apply in this area.

**Administrators:** The school employs 4 administrators; Ms. T. Magojo administers the Postgraduate programmes. The administrators' offices and equipment are not available to students and administrators are not available to students for typing or other personal work during working hours.

**Video equipment:** a comprehensive range of video equipment is available in the CFC. Students may only use this equipment after completing the introductory courses on the VCR system.

**Transport:** Students will require their own transport to attend practical placements.

**Stopwatches:** all students are required to own their own stopwatches for use in the administration of psychological tests. These will not be available from the school or hospitals.

**Audio Recorders:** All students are required to own their own recorders. Over the years, several recorders have not been returned to the department and therefore we will not be lending these out to students.

**Psychological tests:** the school has a comprehensive library of psychological tests. These will be available to students at pre-arranged times (see notice board) from the test librarian. The CFC administrator has overall responsibility for the test library, but students will be expected to service a duty roster for the issue and return of tests. Most tests may only be borrowed for a maximum of 24 hours, and should preferably be returned immediately after use. No tests may be removed from CFC without the permission of the CFC administrator or other member of staff.

**10.2. Bursaries**
- NRF bursaries can also be applied for and are awarded on academic merit.
- University Bursaries: bursaries are sometimes available for students coming to the
University of KwaZulu-Natal. Funding permitting, post-graduate students may qualify for remission of fees or part-remission. The University will make this clear later in the year. Inquiries must be made at the Scholarships/Bursaries Office. Adverts on the university notice system should also be consulted.

11 Overview of the programme schedule

11.1 Introductory programme

After the first two weeks of the programme, which are devoted to the thesis proposal preparation, the next six weeks are devoted to a comprehensive introduction to the specialization modules AND all the skills and basic knowledge required for psychological practice. This block includes an introduction to interviewing, diagnosis and mental status examination; interviewing and consultation; report writing; basic psychometric instruments; professional and research ethics; report writing; case management; basic therapy and crisis intervention; introduction to supervision. Evaluation of the introductory block involves presentation of a full clinical report and an oral examination at the end of the year. This introductory block involves introductory components from various modules, including psychological interventions, psychological practice, psychological assessment, community interventions and the dissertation. During this block, students are required to complete two full assessments for examinations, one on an adult student and one on a child.

11.2 Coursework modules

On completion of the Introductory Skills Block, on-going coursework components of different modules are offered each week of the academic year and cover the major areas of clinical/counselling/educational psychology. Modules are generally offered for one period (approximately 90-120 minutes) each week, and last either one or two semesters. The modules, quarters and coordinating lecturers appear in the table at the back of this book. A brief description of the modules follows.

Intervention methods, therapeutic approaches and various skills offered as part of different modules may be offered in intensive workshop formats.

12 Components of practical work

The exact format of the practical work will vary from week to week, and will be made up of different components including:

**Case conferences:** this will involve attendance at conferences at the Child & Family Centre, Midlands Hospitals, and other possible sites, including preparation and follow-up.

**Observations:** this will include a variety of in situ clinical observations, e.g. neuropsychological assessments, group therapy, play therapy.

**Service delivery site visits:** this will involve visits to various organizations to see aspects of applied psychology in practice.

**Applied psychological skills:** these sessions will look at applied psychological skills, primarily diagnostic and therapeutic. Some of these sessions may involve follow up or demonstration of skills learned in workshops.

**Practical assignments:** will involve performing diagnostic and/or therapeutic assignments or other assignments.

**Formal case presentations:** students will be required to do formal case presentations for class discussion. These will be based initially on simulated case studies and then actual applied cases. Students will present cases according to a pre-arranged roster. Some of these will form part of the formal assessment for a module – see detailed outlines above.
**Group supervision:** student presentation of on-going cases for case supervision. These will include diagnostic, therapeutic, research and community interventions. These will also include supervision of VCR simulations. Students will present cases according to a pre-arranged roster. **All students are required to present video-recorded sessions for supervision (either individual or group).**

**Casework:** will involve clinical interventions in various settings, including diagnostics and psychotherapy.

12.1. Records of practical work.
Each student is required to keep a weekly **LOG SHEET** of all practical work completed, to be submitted to the supervisor. All components of practical work should be recorded on this log sheet.

**Copies of all reports written must be submitted to supervisors for record keeping. In addition, for all on-going cases students MUST keep formal record files in the manner prescribed. Students must make supervision files available to supervisors on a regular basis.** All case records will be kept in these files, which remain the property of the school and will be kept filed in the secretary's office. These files must regularly be shown to supervisors.

All students are also required to keep a **SUPERVISION FILE**, with records of all cases seen and all practical work completed. This should be brought to all supervision sessions.

Preservation of confidentiality of all the above files is strongly emphasized.

All casework files must be submitted to the CFC by the end of the year.

12.2. Practical placements
Cases for assessment and intervention will be drawn from various placements where students do practical work, including psychiatric hospitals (Fort Napier and Townhill), general hospitals including Greys, Edendale and Northdale Hospital outpatients, Child and Family Centre.

12.3 Professional supervision and personal mentorship

**Supervision**
Each student will be appointed a professional supervisor for a semester at a time. These supervisors will oversee all casework done by students in that quarter. Some supervisors will prefer joint supervision - two students in simultaneous supervision. Each student must respect the confidentiality of the other in joint supervision.

**Note:** No casework may be undertaken without the full knowledge and consent of the supervisor. At times, it may be necessary to consult other staff members on particular cases. This must be by arrangement with the case supervisor, and will be by appointment. **Students are expected to attend supervision every week, regardless of their caseload.**

If a case related emergency arises and the supervisor is not available, students must consult any other member of the training staff from a similar category as the supervisor, and if none is available, any member of the CCE staff, most of whom are HPCSA registered.

Students will be required to present their supervision file to new supervisors at the beginning of supervision. All students are required to arrange to attend one hour of individual supervision per week during the academic term.

All students are required to video record sessions with their clients using either the School video equipment or laptop based webcam recordings. We will make use of a secure video upload system to make the video available to supervisors for supervision purposes. In some rare instances, clients may refuse consent to record, but be aware that recording in all other
instances is compulsory.

Mentorship
As part of professional training in Psychology, each student is allocated to a member of staff who will be available as a mentor during the year. The mentor's role is to facilitate each student's professional development as a person rather than focus on technical issues as in supervision. Personal issues that affect professional growth should be discussed with your mentor.

The mentor will be responsible for overseeing the student, monitoring her/his progress, acting as a professional model, and acting on behalf of the student. Each student should keep in regular contact with his/her mentor, discussing her/his progress and development. Any difficulties experienced in the course must be also be addressed to the mentor. Mentoring is confidential and mentors do not report mentoring to the training committee without students' consent, except in extreme circumstances. All students will be required to arrange at least one meeting with her/his mentor per quarter. As mentors are allocated randomly it is possible for students to request a different mentor by arrangement with the course coordinator.

13 Professional training monitoring
All professional aspects of clinical, counselling, research and educational psychology training at UKZN is ultimately controlled by the Professional Training Committees. These committees consist of representatives from the University and institutions where internships are done and monitor the training of Clinical, Counselling and Educational Psychologists. The committees also report to the Professional Board for Psychology of the HPCSA on the progress of students. NB: A representative from each of the Masters programmes and intern cohorts is invited to attend 'open' sections of these meetings.

The progress of all students is reviewed quarterly. Anyone who does not make satisfactory progress will be notified to this effect in writing. The Training Committees reserve the right to terminate, or defer, the training of any student considered not to be making adequate progress. Students may also approach the Chairperson of the Training Committee with respect to matters concerning their training. However, it is essential that all routine academic issues should be directed to module or programme coordinators and supervisors in the first instance.

13.1 Staff bi-monthly meeting
All staff working on this Masters programme meets for a bi-monthly meeting on Mondays at 13:00. The weekly programme, student progress monitoring and other issues are discussed. A representative from each of the Masters Student groups is requested to be at this meeting to convey important information about the programme to and from the student group. Any matters regarding the programme can be brought to the attention of staff for discussion at this meeting. Student representatives will be elected early in the semester.

14 Weekly timetable
The weekly timetable will following a schedule similar to the one below. Please check the Google calendar regularly for scheduled seminars and workshops.

<table>
<thead>
<tr>
<th>Time</th>
<th>MON</th>
<th>10:30 - 12:00</th>
<th>13:30 - 14:45</th>
<th>15:00 - 16:30</th>
</tr>
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<tbody>
<tr>
<td>08:30 - 10:00</td>
<td>Sem</td>
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<tr>
<td>10:30 - 12:00</td>
<td>Sem</td>
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</tr>
<tr>
<td>13:30 - 14:45</td>
<td></td>
<td></td>
<td>Practical work supervision/Sem</td>
<td></td>
</tr>
</tbody>
</table>
### PLEASE NOTE:

- Every attempt is made to keep Fridays free for practical and research work.
- Full day and two-day workshops are scheduled occasionally and displace sessions indicated above.
- The timetable will be communicated electronically – via Google calendar. Please be aware that staff have multiple teaching commitments and together with the external people participating in the programme, the timetable is often subject to changes. Students can create individualized setting on google calendar to ensure they receive SMS or email notifications of changes as they occur.

### 15 Vacations

As far as Masters students are concerned, vacations are times where there is no structured academic/clinical programme. During these times, students are expected to continue their research work (and case work, where necessary). The winter semester is regarded as a time for research. It is expected that students will take 7-10 days leave during this time. December is regarded as the main vacation time of the year.

### 16 School colloquium programme

The School participates in a colloquium programme for staff and postgraduate students. The schedule will be made available in the academic year. Various topics are presented in this colloquium, many of them by distinguished scholars from SA or overseas. This is a wonderful opportunity to expand your general knowledge of Psychology. **Attendance at these seminars is compulsory for all Masters students.**

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<table>
<thead>
<tr>
<th>Day</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>TUES</td>
<td>Research Design/Practical placements/Sem</td>
</tr>
<tr>
<td></td>
<td>Sem</td>
</tr>
<tr>
<td></td>
<td>Group supervision/Sem</td>
</tr>
<tr>
<td>WED</td>
<td>Sem</td>
</tr>
<tr>
<td>THURS</td>
<td>08:30-10:00 CFC Case conference. 10:30-15:30. Sem</td>
</tr>
<tr>
<td>FRI</td>
<td>Practical placements</td>
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<tr>
<td></td>
<td>Research for thesis</td>
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