



THE MISSION AND VISION OF THE CHILD AND FAMILY CENTRE(CFC)

VISION

As a Centre, the vision of the CFC is to be a centre for engaging in the community, service, teaching and research to promote healthy socio-psychological development of children, youth and families in Africa

MISSION

The Mission of the CFC is to assist with the development of children and families in Africa through relevant training, teaching, research and community engagement



INSPIRING GREATNESS



Consultation fee

Services are offered at a considerably reduced rate compared to rates in private practice. For more information regarding consultation fees, kindly contact the CFC Administrator using the details below.

OFFICE HOURS

The CFC is open
Monday to Friday
from 08h00 to 16h00

REFERRALS AND APPOINTMENTS

To make a referral or schedule an appointment, please use the contact details below.

CONTACT US

Child and Family Centre
20 Golf Road
Scottville,3209
Tel: 033 260 5166
Email: CFC@ukzn.ac.za
Visit us on the web:

<https://psychology.ukzn.ac.za/Pietermaritzburg/researchandprojects/>

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Child and Family Centre

Discipline of Psychology
School of Applied Human Sciences
University of KwaZulu-Natal
Pietermaritzburg Campus

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About the CFC

The CFC is accredited by the Health Professions Council (HPCSA) as an advanced training site for student registered counsellors, student psychologists and intern psychologists within the Discipline of Psychology. The Centre is dedicated to maintaining the highest standards of training and supervision

The CFC is community- oriented and offers a variety of psychological services in the Pietermaritzburg area.

Services Rendered

CAREER COUNSELLING AND ASSESSMENT

- ✓ Grade 9 learners are assisted with subject choices
- ✓ Grade 10 to 12 learners are assisted with career choices and career related decisions
- ✓ For adolescents and adults, career assessments are used to provide greater clarity about an individual's potential, interest, value, and personality.

PSYCHOLOGICAL ASSESSMENT

(for children, adolescents and adults) Focusing on domains such as:

- ✓ School readiness assessment
- ✓ Assessments for ADHD and learning difficulties
- ✓ Cognitive assessment
- ✓ Neuropsychological assessment
- ✓ Personality assessment

COUNSELLING, PLAY THERAPY AND PSYCHOTHERAPY

(for children, adults and families) Focusing on domains such as:

- ✓ Anxiety and depression
- ✓ Behaviour problems
- ✓ Crisis intervention
- ✓ Grief and bereavement
- ✓ HIV/AIDS counselling
- ✓ Relationship difficulties
- ✓ Marriage counselling
- ✓ Stress and burnout
- ✓ Trauma counselling
- ✓ Work relate concerns

OTHER SERVICES INCLUDE:

- ✓ Workshops, skills training, supervision and mentoring of educators, social workers, community mental health workers, community volunteers, and allied professionals on request.
- ✓ Development and facilitation of community based interventions.

ALL SERVICES ARE PROFESSIONAL
AND STRICTLY CONFIDENTIAL...

